

Enhanced Pulmonary Care: Chronic Obstructive Pulmonary Disease (COPD) Trends and Solutions

July 2024

COPD Facts

16M

Americans Diagnosed **50**%

Rate of Underdiagnosis \$60B

In Annual Health Care Costs by 2029

1,400

Projected Shortage of Pulmonologists by 2025

COPD is a Top Cause of Emergency **Room Visits and Hospitalizations**

COPD exacerbations result in over

1.5M & 700K

Emergency department visits and hospitalizations per year respectively

Roughly

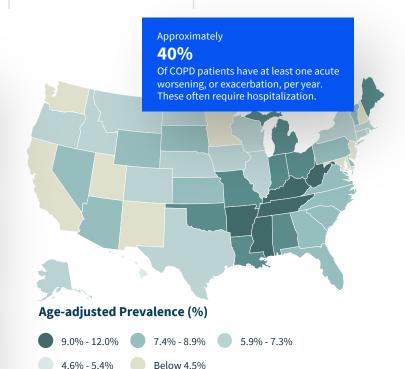
1 out of 5

Hospitalized patients with COPD are readmitted in 30 days

COPD patient 30-day readmission costs

\$16,032

Per stay on average



Despite COPD's Costs, Prevalence, and Impacts on Americans' Lives...



Half of COPD patients do not receive guideline-based care



Only 40% of COPD patients stick with their prescribed regimens



Rural Americans with COPD have less access, double the prevalence and 35% higher mortality



Missed opportunities in care delivery settings are to blame

Missed Opportunities Impact Costs, Patient Outcomes, and Clinician Time

Decision Point

Diagnosis



Care Planning & Patient Education



Ongoing Condition Management

Missed **Opportunity** More than 50% of patients with COPD are underdiagnosed.

Over 70% of COPD patients misuse inhaler devices.

Primary care clinicians are less likely than pulmonologists to prescribe guideline-based medications for COPD patients.

Less than 40% of patients with COPD adhere to their care plans.

Impact on Care **Costs and Outcomes**

+\$2.4K higher medical costs in the 12 months before diagnosis

2X Rates of COPD exacerbations

+33% Higher rates of exacerbations

Nearly 2X Risk of death and re-admission to hospital



CrossWalk Health's Virtual-First COPD Care Solution **Delivers Results**

Our platform and care delivery suite improve patients' and clinicians' access to high quality pulmonary care expertise and

These interventions reduce 30-day acute care visits, readmissions, and 90-day hospital costs.

Identify



Close Gaps in Pulmonary Care



Results



EHR integration



Primary doctor - to pulmonologist consultations



Lower costs/year via reduced hospitalizations and ED visits



Patient segmentation based on risk factors

Recommendation engine

that powers clinician and

Spirometry / Pulmonary

Results interpretation by

patient experiences



Longitudinal Care

- Health action planning Remote monitoring
- Virtual visits
- Inhaler instruction and condition education
- Optimized medication selection
- Care coordination
- Vaccinations and lung cancer screenings
- Transitional care



Fewer patient exacerbations in a 12month period



Post-acute care adherence



Higher patient engagement and satisfaction

pulmonologists

function tests

50% reduction in 30day acute care visits

80% reduction in 30-day readmissions (9.1% vs 54.4%) 62% reduction in 90-day hospital costs (\$7,652 vs \$19,954)

CrossWalk Health Shows Clear Value For Its Clinician Partners

Multiple Studies Confirm that these Interventions Drive Positive Outcomes:

Reduce Costs and Improve **Patient Experience**



Provide accurate, affordable, and timely diagnostic and interpretation services



Close care gaps and reduce rates of ED visits, hospitalization, and readmission **Improve Access** to Specialty Care and **Expertise**

Facility Fee



Enable reimbursement for guideline-based COPD care and supportive services



Increase reach and impact of primary care and specialty providers

CrossWalk Health's Costs Compared with Hospital-Based Pulmonary Care*

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PFT/Spirometry	\$58	\$400
Device Demonstration	\$27	\$298
Peer-to-Peer Consultation	\$132	\$346

CrossWalk Health does not charge any facility fees. Ever

*Costs and fees estimates from Fair Health Consumer. https://www.fairhealthconsumer.org

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Citations

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Press VG, Au DH, Bourbeau J, Dransfield MT, Gershon AS. Reducing Chronic Obstructive Pulmonary Disease Hospital Readmissions. An Official American Thoracic Society Workshop Report. Ann Am Thorac Soc. 2019 Feb;16(2):161-170. doi: 10.1513/AnnalsATS.201811-755WS. PMID: 30707066; PMCID: PMC6812156.

Average Cost

Press VG, Myers LC, Feemster LC. Preventing COPD Readmissions Under the Hospital Readmissions Reduction Program: How Far Have We Come? Chest. 2021 Mar; 159(3):996-1006. doi: 10.1016/j.chest.2020.10.008. Epub 2020 Oct 14. PMID: 33065106; PMCID: PMC8501005.